

## GET HEALTHY IDAHO

### ELMORE COUNTY ACTION PLAN

#### **Focus Areas:**

- Increase Community Health Workers & EMS
- Coordinate and Connect Community Programs
- Improve Cultural Competency
- Increase Active Transportation Opportunities

#### Proposed Action Plan Objectives:

#### ***1. Connect and Expand Community Health Worker (CHW) Programs***

##### ***Focus Areas: Community Health Workers | Cultural Competence***

Many Elmore County residents and families struggle to navigate the healthcare system and available resources. Culturally competent community health workers are needed to serve young families, veterans, and older adults throughout the county. Specifically, better outreach to the Hispanic community is needed for awareness of services. Both Desert Sage and St. Luke's Health Systems in Elmore County are poised to hire Community Health Workers (CHWs). However, there have been challenges attracting talent and connecting CHWs to other community partners in a way that is accessible, efficient, and culturally sensitive. This action plan item will support existing efforts by our health care partners, while also provide the urgently needed facilitation of collaboration amongst all the relevant community partners to make CHWs successful.

#### **2022 Action Plan Deliverables:**

- Project Coordinator hosts community resource referral workshops where partners from healthcare, public health, housing, city, public works, faith leaders, first responders and social services meet to coordinate services, and identify referral processes.
  - Host and organize up to 9 (two-hour) workshops will be held in the communities across Elmore County. Each community will have up to three workshops (i.e. Mountain Home, Glens Ferry, and Pine/Featherville)
  - Workshops will walk through case studies and examples from the community
- CHW training provided to the Project Coordinator and applicable resource partners.
- Elmore County Resource Manual printed and provided to partners.

## 2023 Action Plan Deliverables

- Establish Community Health Worker model and program with connections to DSHC, St. Luke's Elmore, and other pertinent community entities.
- Elmore County Health Coalition assists and provides support in hiring CHWs at St. Luke's and Desert Sage.
- Project Coordinator provides support to St. Luke's in creating a community health team.
- Provide plan for implementation of cultural competency training for CHW model.

### Timeline:

2022	Convene relevant partners, begin initial data gathering, host workshops and define processes for healthcare partners. Support Desert Sage in developing CHW program.
2023	Continue to define CHW processes for healthcare partners. Support Desert Sage and St. Luke's in hiring CHWs and identify role Elmore County Health Coalition can do to support those two agencies. Implement model and processes and troubleshoot challenges. Ensure model is scalable to across Elmore County.
2024	Measure health outcomes and systems changes and increase patient load(s). Adjust model accordingly, and create additional healthcare and social service connections as needed.

## 2. Complete Community Health EMS (CHEMS) Pilot to address chronic diseases and behavioral health

### *Focus Areas: Community Health Workers | Cultural Competence | Needed Community Programs*

A Community Health EMS (CHEMS) program is needed due to increasing healthcare and EMS costs. In the 2019 Elmore County qualitative assessment, focus group interviews, and action planning workshops, folks spoke to the fact that the County EMS team is often responding to calls that are preventable. Many callers need assistance with things that a Community Health Worker (CHW) could assist with, along with connections to established community programs. Elmore County is poised to implement this pilot. Lessons learned from the development and implementation processes can be shared throughout the WICHC region.

**2022 Action Plan Deliverables:**

- Project Coordinator will create a multi-sector team, co-led with Elmore County EMS to define and develop the following:
  - Pilot goals
  - Intended population
  - Patient load thresholds
  - Logistics and data sharing between EMS/Healthcare/Etc.
  - Outcomes
  - Patient reporting logistics
  - Hire Regional Medical Director

**2023 Action Plan Deliverables:**

- Educate 1-2 Elmore EMS staff in CHEMs practices by enrolling them into the Hennepin Technical College curriculum.
- WICHC will pursue financial sustainability opportunities and provide technical assistance.
- Develop and implement CHEMS pilot.

**Timeline:**

2022	Establish parameters of pilot, compile data, and bring on additional partners. Educate EMS staff on CHEMS practices.
2023	Continue EMS staff education on CHEMs practices. Continue to define and develop CHEMs goals, processes, and intended outcomes. Implement pilot. Continue development of identified financial sustainability opportunities.
2024	Scale up program and increasing client/patient load Make improvements to CHEMs program and processes as needed.

**3. Establish a Regional Mobility Consortium**

**Focus Areas: Enhance Active Transportation | Reduce Chronic Disease Prevalence**

Elmore County is not part of, nor eligible to be a Municipal Planning Organization which may allocate federal transportation funds (i.e. COMPASS which does not include Elmore in its service area). A formalized regional mobility consortium, however, would help to better align planning, projects and to seek funding for range of multi-modal transportation related needs such as transit service to provide better access to healthcare, safe routes to school projects, multi-modal pathway implementation, and roadway system improvements. Existing growth trends for

Elmore County indicate that now is an opportune time for both active and vehicular planning and coordination among the jurisdictions and agencies of Elmore. A formal collaborative organization could make recommendations to the Board of the Idaho Transportation Department (ITD), the Local Highway Technical Assistance Council (LHTAC) and the Public Transit Advisory Council regarding roads, active transportation projects and transit opportunities within the Cities and County of Elmore.

**2022 Action Plan Deliverables:**

- Establish a regional mobility consortium with membership of all jurisdictions and various agencies in Elmore County to align efforts and support planning and implementation for multi-modal transportation.
- The Project Coordinator will hire a facilitator to achieve some of the deliverables below. This Consortium, which could be known as the Elmore County Regional Mobility Team, would address the following items:
  - Representation of member jurisdictions in conferences, meetings and hearings related to highways, roads, streets, public transit and active transportation infrastructure and services within Elmore County.
  - Develop and make available uniform standards and procedures for construction, maintenance, use, operation, and administration of multi-modal transportation systems within County jurisdictions.
  - Make recommendations to ITD, LHTAC, and the Public Transit Advisory Council and other transportation funding sources for the distribution of federal and state funds for multi-modal systems within Elmore County jurisdictions.
  - Support and technical assistance for the jurisdictions of Elmore County in obtaining grants and other sources of financing.
  - Assist the Idaho State Legislature by providing research and data relating to transportation matters affecting multi-modal transportation in the County.
  - Maintain and disseminate information to local jurisdictions concerning federal and state legislation, administrative rules, regulations, funding, and application requirements affecting Elmore County jurisdictions.
  - Provide a forum and coordination of any regional multi-modal transportation planning and implementation efforts.

**Timeline:**

2022	Hire a facilitator to help develop vision, goals, and bylaws for the consortium.
2023	Hire a part-time (10-15 hours per week) contracted staff member for general secretarial support for year one of consortium operation. Responsibilities would include carrying out of consortium priorities as well as outreach, communications,

	meeting agendas, minutes, as well as engagement with jurisdictions, agencies, the state legislature, and other duties as prescribed by the consortium.
2023	Develop sustainability plan along with addressing some of the goals established
2024	Implementation sustainability plan, ensuring team continuation

#### **4. A Strategic Open Space and Trails Plan**

##### **Focus Areas: Needed Community Programs | Active Transportation**

Several natural areas outside of the cities of Mountain Home and Glenns Ferry, Idaho, have significant potential for an expanded primitive trail network for hiking and biking. Robust public engagement and a plan for focused future conservation areas and trails could be created to further expand recreational opportunities and garner public support. Community open spaces may also provide areas for recreational programming such as outdoor education and safety. To support an expanded recreation resource, an “intrinsic landscape” approach would serve to identify the determinators upon which open space areas should be conserved or connected, may or may not be conducive to public access, filters out ecologically sensitive areas, while identifying a network of primitive roads and trails (both existing and proposed) that would create a unified system.

This plan could potentially set high-priority open space acquisition and/or trail initiatives to implement trail improvements, forge new connections, and examine new opportunities.

#### **2022 Action Plan Deliverables:**

With assistance from the Coalition, the Project Coordinator, along with support from the WICHC Health Strategist, will establish the scope and hire a consultant to complete the following:

##### Phase 1 – Inventory & Analysis: Creating the Foundation

This first phase of work would focus on utilizing a landscape catalog of geospatial information related to the County’s trails environment and working with non-motorized transportation partners to build an open space & trails vision, and then figuring out the roles each partner can play in developing the plan and implementing its recommendations.

##### Task 1 – Orientation Interviews

Work with the local land trust to conduct a series of stakeholder interviews, in person or by phone, to ensure we develop a comprehensive understanding of the open space and trails environment, understand how these stakeholders see it evolving, and understand the issues advocates face in advancing the provision of an enhanced open space & trails experience.

### Task 2 – Visioning Workshop

Compile available open space & trails-related vision statements, comparing them, and identify how they are similar and how they differ. Working with the stakeholders will produce a draft vision based on this information, presented in a summary memo, and run a stakeholder workshop to review the draft vision and refine it to reflect stakeholder expectations, needs, and suggestions.

### Task 3 – Outreach Roles & Responsibilities

Work with County staff and the stakeholders to establish a set of roles and potential responsibilities for the various open space & trail stakeholders. This process will identify potential areas of individual responsibility and potential areas of overlap, revealing possible opportunities for partnership and clarifying which stakeholders can take lead roles in plan implementation.

## **2023 Action Plan Deliverables:**

### Phase 2 – Scenarios & Strategies: Develop an Action Plan

This second phase considers alternative approaches to achieve the identified trails vision, explores how jurisdictional policy and relationships can create a constructive environment for trails development and maintenance, drills down on a preferred strategy and identifies high-level priorities, and seeks commitment from all the partners to share in the mission to implement the plan.

#### Task 1 – Scenario Development

Share a GIS-based methodology to identify several possible scenarios designed to achieve the open space & trails objectives. These scenarios would explore a variety of open space & trails initiatives and priorities, test political will, identify levels of stakeholder commitment, and begin to understand the possible capital improvement costs and resource investment. After refining the scenarios with the stakeholders, convene another workshop to review them, evaluate the options they present, and produce a preliminary approach that will guide our work from this point forward.

#### Task 2 – Policy and Collaboration

Compare the preliminary vision to adopted County, State, BLM, Forest Service, and other jurisdictional policies, verifying that the preferred vision and means to achieve it are consistent with directions to which the County's jurisdictions and agencies have already committed.

### Task 3 – Strategy

Convene another stakeholder workshop to refine the preferred strategy & vision and demonstrate its consistency with approved jurisdictional policy and practice. This workshop – potentially formatted as a “open space & trails symposium” – will allow participants to refine the strategy, prioritize its initiatives, and, if appropriate, recommend changes to jurisdictional policies and practices to ensure a more effective, consistent, predictable, and collaborative trails development effort.

### Task 4 – Commit to Action

Present the final draft report at a rollout meeting hosted by the local land trust allowing stakeholders and the larger community to weigh-in on the draft plan and offer support for continued investment in time and resources in the creation of a detailed open space & trails master plan.

### **Timeline:**

2022	Establish scope of project with Coalition feedback, and hire consultant to develop County Vision Plan
2023	Consultant to lead effort to develop and implement public outreach, refine and consolidate geospatial and landscape data to develop a Master/Action Plan.
2024	Provide policy recommendations to stakeholders and begin implementation